

CURRICULUM VITAE

Name : Susmita Sahoo Das
Date of Birth : 02/11/1994
Nationality : Indian
Marital Status : Married



Current Residence	Permanent Address
Husband Name: Depanjan Das Vill- Khirshpal P.O.- Bodhra Dist:-Purba Medinipur. Pin code:- 721423 Mobile : 7719266860 Email: susmitasahoo196@gmail.com	Husband Name: Depanjan Das. Vill- Khirshpal. P.O.- Bodhra. Dist:-Purba Medinipur. Pin code:- 721423 Mobile : 7719266860 Email : susmitasahoo196@gmail.com

ACADEMIC QUALIFICATION

Name of the Examination	Board / University	Year of passing	Subject	Percentage
M.P.	W.B.B.S.E.	2010	BENG,ENG,MAT H,P.SC,L.SC,HIS T,GEO.	70.87
H.S.	W.B.C.H.S.E.	2012	BEN,ENG,CHE,P HY,MATH,BIO.	63.00
B.Sc. (Hons)	V.U.	2015	PHYSIOLOGY (HONS),ZOOLO GY, BOTANY.	56.25
M.Sc. (Spl.- Ergonomics & Sports)	Midnapore college(Affiliated by VU)	2017	PHYSIOLOGY	59.00

PROFESSIONAL QUALIFICATION

Name of the Examination	Board / University	Year of passing	Percentage
B.Ed	The West Bengal University of Teacher's Training, Education Planning and Administration(WBUTTEPA)	<u>2019</u>	<u>75.45</u>

EXTRA CURRICULAR ACTIVITIES AND OTHER COURSES:

Course Name	Board/ Institute	Year with Date	Grade/ Division
Kathak Dance	Bharatia Nandanik Parishad(W.B)	2007-2008	1 ST Division
Computer	Youth Computer Training Centre(W.B)	April-2012 to September-2012	A- Grade
Youga	All India Children Federation	25 th October 2018 to 30 th October 2018	A-Grade

WORKING EXPERIENCE

Year	Organization	Designation
12 th January 2018 to 14 th September 2023	Ramakrishna Vivekananda Mission, Vivekananda vidyamandir.(Branch of Barrackpore)	Assistant Teacher
15 th September to till now.	Ramnagar College	Guest lecturer

CAREER INTENTIONS

- Special interest in planning, execution of budget, staff training, realize targeted business, membership etc. and to manage a centre for the promotion of activities relating to physical fitness & Wellness Activities.

➤ Also in Lifestyle management by conducting both general and therapeutic yoga classes, workshops, fitness management.

➤ Teaching, travelling, Trekking, volunteering for social causes etc.

LANGUAGES KNOWN

English, Bengali, Hindi

COMPUTER SKILLS

Basic knowledge in the use of Microsoft Word, Power Point and Internet etc.

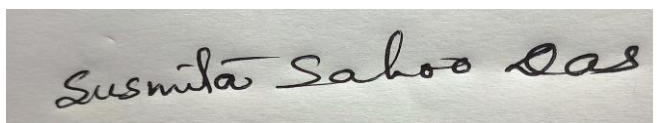
DECLARATION

I solemnly do here by declare that the information provided above is true the based of my knowledge and belief.

Date : 21/12/24

Place : Khirshpal

Susmita Sahoo
Signature of the Applicant

A rectangular box containing a handwritten signature in black ink. The signature reads "Susmita Sahoo Das" in a cursive script.